



Health & Human Services Committee

Committee Meeting

60 Central Ave.
Cortland, NY 13045
<http://www.cortland-co.org>

~ Minutes ~

Tuesday, January 10, 2023

9:00 AM

Room 302

Call to Order

The meeting was called to order at 9:00 AM by Committee Chair Sandra Price

Attendee Name	Organization	Title	Status	Arrived
Sandra Price	Cortland County, NY	Committee Chair	Present	
George Wagner	Cortland County, NY	Committee Member	Present	
Ann Homer	Cortland County, NY	Committee Vice Chair	Present	
Kelly L. Fairchild-Preston	Cortland County, NY	Committee Member	Present	
Paul Heider	Cortland County, NY	Committee Member	Present	
Richard Stock	Cortland County, NY	Committee Member	Present	
Joseph Nauseef	Cortland County, NY	Committee Member	Present	
Savannah Hempstead	Cortland County, NY	Clerk of the Legislature	Present	
Christopher Newell	Cortland County, NY	Board Member	Present	
Kevin Fitch	Cortland County, NY	Chair of the Legislature	Present	
Rob Corpora	Cortland County, NY	County Administrator	Present	
Cathy Bischoff	Cortland County, NY	Board Member	Present	
Nicole Anjeski	Cortland County, NY	Public Health Director	Present	
Laurie Leonard	Cortland County, NY	Personnel Officer	Present	
Carrie Kane	Cortland County, NY	Deputy Director of Area Agency on Aging - Nutrition	Present	
Amber Giamei	Cortland County, NY	Deputy Director - Area Agency on Aging	Present	
ReBecca Smith	Cortland County, NY	Public Health Program Manager	Present	
Amy Buggs	Cortland County, NY	Grants Administrator	Present	
Tom Tedesco	Cortland County, NY	Director of Veterans Services	Present	
Kristen Monroe	Cortland County, NY	Commissioner of Social Services	Present	
Andrea Herzog	Cortland County, NY	Director of Finance	Present	
Sharon MacDougall	Cortland County, NY	Director of Community Services	Present	
Margaret Mellott	Cortland Standard	Reporter	Present	
Sara Watrous	Cortland Area Communities That Care	Project Manager	Present	
Nicole Carter	Cortland Area Communities That Care	Epidemiologist	Present	
Aster Parrott	Cortland Area Communities That Care	Community Engagement Specialist	Present	
Eddie Velazquez	Cortland Voice	Reporter	Present	

Minutes Approval

1. Health & Human Services Committee - Committee Meeting - Nov 1, 2022 9:00 AM

RESULT:	APPROVED [UNANIMOUS]
MOVER:	Ann Homer, Committee Vice Chair
SECONDER:	Joseph Nauseef, Committee Member
AYES:	Price, Wagner, Homer, Fairchild-Preston, Heider, Stock, Nauseef

Presentation

1. Cortland Area Communities that Care (CACTC) HEALing Communities Study Presentation

RESULT:	COMPLETED
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Resolutions

AGENDA ITEM NO. 1 – Accept Resource Allocation Plan Funding - NYS Office of Children and Family Services - Youth Bureau

RESULT:	APPROVED [UNANIMOUS]
	Next: 1/26/2023 5:00 PM
MOVER:	Ann Homer, Committee Vice Chair
SECONDER:	Kelly L. Fairchild-Preston, Committee Member
AYES:	Price, Wagner, Homer, Fairchild-Preston, Heider, Stock, Nauseef

ON MOTION OF PRICE

RESOLUTION NO.

Accept Resource Allocation Plan Funding - NYS Office of Children and Family Services - Youth Bureau

WHEREAS, the New York State Office of Children and Family Services, through the Resource Allocation Plan has made available the sum of \$68,686 to Cortland County, AND

WHEREAS, the Cortland County Youth Bureau has designated the funds to the various Cortland County municipalities and agencies for the year 2023, a copy of which is kept on file in the County Youth Bureau Office, AND

WHEREAS, \$51,686 will be allocated to Cortland County municipalities and \$17,000 will be allocated to the Cortland County Youth Bureau administration, \$17,000 which has already been budgeted, AND

WHEREAS, the 2023 County Budget will need to be amended as follows:

<u>Revenue:</u>		<u>Current</u>	<u>Increase</u>	<u>Balance</u>
A73125.43820.YB	Youth Bureau	\$17,000	\$51,686	\$68,686
<u>Expenditure:</u>		<u>Current</u>	<u>Inc/Dec</u>	<u>Balance</u>
A73125.54815	Contracted Agencies	\$0	<u>\$51,686</u>	\$51,686
			\$51,686	

, NOW THEREFORE BE IT

RESOLVED, that the Chairman of the Legislature, upon review by the County Attorney or designee, be and hereby is authorized to execute the Resource Allocation Planning Agreement with the NY State Office of Children and Family Services and contracts with approved agencies, AND BE IT

FURTHER

RESOLVED, that the Treasurer's office is authorized to pay from the appropriate expense account and that in the event that the county does not receive the appropriate funds from the NY State Office of Children and Family Services, the County shall not be liable to pay any of its own funds to meet any deficiency under the terms of the contract.

AGENDA ITEM NO. 2 – Extend Temporary Public Health Fellow Positions Public Health Fellow (4 Positions) and Public Health Fellow Coordinator – Health Department

RESULT:	APPROVED [UNANIMOUS]
	Next: 1/17/2023 10:00 AM
MOVER:	Ann Homer, Committee Vice Chair
SECONDER:	Kelly L. Fairchild-Preston, Committee Member
AYES:	Price, Wagner, Homer, Fairchild-Preston, Heider, Stock, Nauseef

ON MOTION OF PRICE

RESOLUTION NO.

Extend Temporary Public Health Fellow Positions Public Health Fellow (4 Positions) and Public Health Fellow Coordinator – Health Department

WHEREAS, Resolution No. 90-22 gave the Cortland County Health Department permission to enter into a grant with Health Research, Inc. for the NYS Public Health Corps (NYSPHC) Fellowship Program in the amount of \$849,912 for the period of 9/1/21 - 7/31/23, AND

WHEREAS, Health Research, Inc. has extended the grant end date to 6/30/24 and awarded the Cortland County Health Department an additional \$250,000, NOW THEREFORE BE IT

RESOLVED, that the Cortland County Legislature be and hereby approves the extension of the four (4) temporary Public Health Fellow positions (CSEA, Grade 16, \$22.9307-29.0244/HR, competitive, with benefits) and one temporary Public Health Fellow Coordinator (CSEA, Grade 22, \$28.4246-35.9782/HR, competitive, with benefits) to end 6/30/24, AND BE IT FURTHER

RESOLVED, the 2023 County budget will need to be amended as follows:

Account No.	Description	Increase
A40455.51005	Personnel	\$125,414
A40455.52005	Office Equip	\$12,000
A40455.54000	Phone	\$624
A40455.54005	Office Supplies	\$5,000
A40455.54015	Software/Maint Agree	\$6,500
A40455.54035	Educ/Train	\$25,000
A40455.54045	Travel	\$5,000
A40455.54045	Program Supplies	\$28,949
A40455.58020	Retirement	\$17,558
A40455.58030	FICA	\$9,594
A40455.58040	Workers Comp	\$10,225
A40455.58060	Health Ins	\$4,083
A40455.58062	Dental Ins	\$53
TOTAL Expense		\$250,000
A40455.43450 PHCF Revenue		\$250,000

, AND BE IT FURTHER

RESOLVED, that the County Administrator and Public Health Director, upon review and approval by the County Attorney or designee, and subject to appropriation of the funding by the Legislature, is hereby authorized and directed to sign an agreement to accept these funds, AND BE IT FURTHER

RESOLVED, the Director of Finance shall carryover all unused grant funds to the subsequent year(s) budget covered by the grant, per the approved grant agreement.

AGENDA ITEM NO. 3 – Establish Cortland County Opioid Settlement Fund Subcommittee

RESULT: APPROVED [UNANIMOUS]

Next: 1/26/2023 6:00 PM

MOVER: Ann Homer, Committee Vice Chair

SECONDER: Joseph Nauseef, Committee Member

AYES: Price, Wagner, Homer, Fairchild-Preston, Heider, Stock, Nauseef

ON MOTION OF PRICE

RESOLUTION NO.

Establish Cortland County Opioid Settlement Fund Subcommittee

WHEREAS, opioid manufacturers had prior knowledge of the risks of opioid abuse and have misled doctors and patients about the addictive nature of opioids, have misrepresented the dangers of opioids and have marketed opioids in a manner that promoted addiction, AND

WHEREAS, opioid manufacturers, distributors, and promoters have been responsible for an opioid epidemic that has harmed the citizens of Cortland County and financially damaged the County and its taxpayers, AND

WHEREAS, the Cortland County Legislature has been involved in litigation to recover damages from those parties that have contributed and continue to contribute to County costs due to opioids, AND

WHEREAS, Cortland County has recovered and continues to recover damages from those parties, AND

WHEREAS, there are specific uses as defined by Court Order and the Cortland County Legislature for the funds recovered, AND

WHEREAS, it is the recommendation of the Health and Human Services Committee of the Cortland County Legislature to establish an Opioid Settlement Fund Subcommittee to provide recommendations for best use of the funding, NOW THEREFORE BE IT

RESOLVED, the Cortland County Legislature hereby establishes the Cortland County Opioid Settlement Fund Subcommittee for said purpose, AND BE IT FURTHER

RESOLVED, that recommendations for use of the funding shall be brought forward to the Health and Human Services and Finance and Administration Committees for review, AND BE IT FURTHER

RESOLVED, the following individuals shall be appointed to the Opioid Settlement Fund Subcommittee with terms commencing immediately and ending December 31, 2023:

Legislator Paul Heider - Subcommittee Chair
Legislator Sandra Price

AGENDA ITEM NO. 4 – Appoint Members - Older Americans Act Advisory Council

RESULT:	APPROVED [UNANIMOUS]
	Next: 1/26/2023 6:00 PM
MOVER:	Ann Homer, Committee Vice Chair
SECONDER:	Kelly L. Fairchild-Preston, Committee Member
AYES:	Price, Wagner, Homer, Fairchild-Preston, Heider, Stock, Nauseef

ON MOTION OF PRICE

RESOLUTION NO.

Appoint Members - Older Americans Act Advisory Council

WHEREAS, the By-Laws of the Older Americans Act Advisory Council of the Cortland County Area Agency on Aging state membership shall be 15-25 voting members with at least fifty percent of the membership to be at least sixty years of age that represent target group seniors according to the Older Americans Act of 1965, as amended, and shall also include representatives of health care provider organizations, including veterans and supportive services provider organizations, be broadly representative of all aspects of the county, and include local elected official and the general public, AND

WHEREAS, Article 4, Section 4, states the term shall be for three years, or appointed to complete a term of a person who has resigned, the new person's length of term is defined as the period of the original member's term, with a maximum of two consecutive terms, NOW THEREFORE BE IT

RESOLVED that the following appointments be appointed/reaffirmed:

Name	Capacity	Term Number	Term Expiration
William Hopkins	Community Member	2 nd Term	12/31/24
Maria Dillingham-Purcell	Community Member	2 nd Term	12/31/24
Barb Nichols	Community Member	2 nd Term	12/31/24
Jan Dempsey	Community Member	1 st Term	12/31/23
Dixie Latimer	Community Member	1 st Term	12/31/24
Eden Harrington-Hall	Community Member	1 st Term	12/31/24
Sheila Cohen	Community Member	2 nd Term	12/31/24
Melissa Potter	Mobility Manager	1 st Term	12/31/24
Joanne Brown	Cortland Chenango Rural Services	2 nd Term	12/31/24
Sharon Zeches	Community Member	1 st Term	12/31/24
Mary Ellen Bloodgood	Community Member	1 st Term	12/31/23
Beverly Ryan	Community Member	1 st Term	12/31/23
Shawna Grinnell	Cortland Housing Assistance Council	1 st Term	12/31/24
Mary Coye-Robillard	Tompkins Trust Co.	1 st Term	12/31/24
Sue Covington	Community Member	1 st Term	12/31/25
Chris Newell	Cortland County Legislator	n/a	Ex-Officio

AGENDA ITEM NO. 5 – Appoint Director of Area Agency on Aging

It was MOVED by Ms. Homer, seconded by Mr. Wagner, and unanimously approved by voice vote of members present, to enter into an executive session to discuss matters leading to the appointment of a particular person. MOTION CARRIED.

An executive session was held from 9:50 a.m. to 10:00 a.m., at which time on motion of Ms. Homer, seconded by Mr. Wagner, it was unanimously approved by voice vote to exit executive session.

RESULT:	APPROVED [UNANIMOUS]
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	Next: 1/26/2023 6:00 PM
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MOVER:	Ann Homer, Committee Vice Chair
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SECONDER:	Joseph Nauseef, Committee Member
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AYES:	Price, Wagner, Homer, Fairchild-Preston, Heider, Stock, Nauseef
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ON MOTION OF PRICE

RESOLUTION NO.

Appoint Director of Area Agency on Aging

WHEREAS, due to the retirement of Elizabeth Haskins, the current Director of the Area Agency on Aging for Cortland County, there is a need to appoint a new Director of the Area Agency on Aging, AND

WHEREAS, an interview committee was established and conducted interviews and offered a recommendation for this appointment, AND

WHEREAS, the County Legislature has received the recommendation for appointment of _____ as Director of the Cortland County Area Agency on Aging, NOW THEREFORE BE IT

RESOLVED, that the Cortland County Legislature hereby appoints _____ as Director of the Area Agency on Agency at an annual salary of \$_____ (Grade 7, Step _____, Management Compensation Plan, non-competitive class) effective February 6, 2023 at 12:01 a.m.

Monthly Reports

1. Health Department Monthly Report

RESULT:	COMPLETED
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Discussion Items

1. HEAP Update

RESULT:	COMPLETED
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Adjournment

The meeting was closed at 10:02 AM



Health & Human Services Committee

Committee Meeting

~ Minutes ~

60 Central Ave.
Cortland, NY 13045
<http://www.cortland-co.org>

2.1

Tuesday, November 1, 2022

9:00 AM

Board Room

Call to Order

The meeting was called to order at 9:00 AM by Committee Chair Sandra Price

Attendee Name	Organization	Title	Status	Arrived
Sandra Price	Cortland County, NY	Committee Chair	Present	
George Wagner	Cortland County, NY	Committee Member	Present	
Ann Homer	Cortland County, NY	Committee Vice Chair	Present	
Kelly L. Fairchild-Preston	Cortland County, NY	Committee Member	Present	
Paul Heider	Cortland County, NY	Committee Member	Present	
Richard Stock	Cortland County, NY	Committee Member	Present	
Joseph Nauseef	Cortland County, NY	Committee Member	Excused	
Kevin Fitch	Cortland County, NY	Chair of the Legislature	Present	
Rob Corpora	Cortland County, NY	County Administrator	Present	
Savannah Hempstead	Cortland County, NY	Clerk of the Legislature	Present	
Kristen Monroe	Cortland County, NY	Commissioner of Social Services	Present	
Kristen Beard	Cortland County, NY	Child Advocacy Center Coordinator	Present	
Amy Buggs	Cortland County, NY	Grants Administrator	Present	
Shannon Phillips	Cortland County, NY	Employment & Training Director	Present	
Sharon MacDougall	Cortland County, NY	Director of Community Services	Present	
Tom Tedesco	Cortland County, NY	Director of Veterans Services	Present	
ReBecca Smith	Cortland County, NY	Public Health Program Manager	Present	
Nicole Anjeski	Cortland County, NY	Public Health Director	Present	
Laurie Leonard	Cortland County, NY	Personnel Officer	Present	
Andrea Herzog	Cortland County, NY	Director of Finance	Late	9:09 AM
Lisa McGee	Cortland County, NY	Health Department Fiscal	Remote	

Minutes Acceptance: Minutes of Nov 1, 2022 9:00 AM (Minutes Approval)

	NY	Officer		
John Conlon	Cortland Standard	Reporter	Remote	
Eddie Velazquez	Cortland Voice	Reporter	Remote	

Minutes Approval

1. Health & Human Services Committee - Committee Meeting - Oct 11, 2022 8:30 AM

RESULT:	APPROVED [UNANIMOUS]
MOVER:	Ann Homer, Committee Vice Chair
SECONDER:	Kelly L. Fairchild-Preston, Committee Member
AYES:	Price, Wagner, Homer, Fairchild-Preston, Heider, Stock
EXCUSED:	Joseph Nauseef

2. Health & Human Services Committee - Special Meeting - Oct 19, 2022 3:00 PM

RESULT:	APPROVED [UNANIMOUS]
MOVER:	Ann Homer, Committee Vice Chair
SECONDER:	Kelly L. Fairchild-Preston, Committee Member
AYES:	Price, Wagner, Homer, Fairchild-Preston, Heider, Stock
EXCUSED:	Joseph Nauseef

Discussion Items

1. Budget Discussion - Recommendations and Amendments

Ms. Preston MADE A MOTION to return the Deputy Directors for the Area Agency on Aging to Grade 10, Mr. Stock SECONDED THE MOTION, and a voice vote of members present was taken as follows:

Yes - Richard Stock, Kelly Preston and George Wagner

No - Sandra Price, Paul Heider, Ann Homer and Chair Kevin Fitch

MOTION FAILED

RESULT:	COMPLETED
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Monthly Reports

1. Cortland County Health Department Monthly Report

RESULT:	COMPLETED
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2. Department of Social Services 2022 Third Quarter Case Load Statistics

RESULT:	COMPLETED
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Resolutions

AGENDA ITEM NO. 1 – Abolish Mental Health Program Aides and Continuing Day Treatment Specialist/Create Mental Health Rehabilitation Specialists - Mental Health Department

RESULT: **APPROVED [UNANIMOUS]**

Next: 11/17/2022 6:00 PM

MOVER: Sandra Price, Committee Chair

SECONDER: Paul Heider, Committee Member

AYES: Price, Wagner, Homer, Fairchild-Preston, Heider, Stock

EXCUSED: Joseph Nauseef

ON MOTION OF PRICE

RESOLUTION NO.

Abolish Mental Health Program Aides and Continuing Day Treatment Specialist/Create Mental Health Rehabilitation Specialists - Mental Health Department

WHEREAS, the needs of the Mental Health Department will be better served by abolishing three (3) full-time Mental Health Program Aide positions, one (1) part-time Mental Health Program Aide position and one (1) full-time Continuing Day Treatment Specialist position and creating four (4) full-time Mental Health Rehabilitation Specialist positions and one (1) part-time Mental Health Rehabilitation Specialist position, AND

WHEREAS, the Health and Human Services Committee recommends the abolition/creation of these positions, NOW THEREFORE BE IT

RESOLVED, that three (3) positions of Mental Health Program Aide (Grade 8 CSEA, \$17.3185-21.8118/hr, competitive class, full time) and one (1) position of Mental Health Program Aide (Grade 8, CSEA, competitive class, part-time) and one (1) position of Continuing Day Treatment Specialist (Grade 15, CSEA, \$21.6766-27.3006/hr, competitive class, full time) be and hereby are abolished effective September 22, 2022 at midnight, AND BE IT FURTHER

RESOLVED, that four (4) positions of Mental Health Rehabilitation Specialist (Grade 16, CSEA, \$22.4261-28.2445, competitive class, full-time) and one (1) position of Mental Health Rehabilitation Specialist (Grade 16, CSEA \$22.4261-28.2445/hr, competitive class, part-time, up to 17 hrs/wk, no benefits) be created with the current incumbents filling the positions effective November 18, 2022 at 12:01 a.m.

Adjournment

The meeting was closed at 9:51 AM

Minutes Acceptance: Minutes of Nov 1, 2022 9:00 AM (Minutes Approval)

HEALing Communities Study

Updates

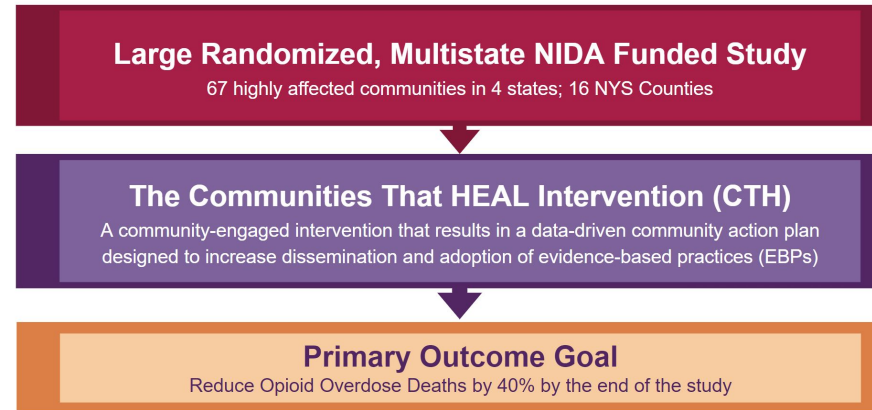
January 2023

Implementing our Action Plan

HEALing Communities Study (HCS)

A multi-sited implementation research study funded by NIH/NIDA and run by a team of researchers at Columbia University.

- Aims to reduce opioid-overdose deaths by 40% over the course of three years
- Examines how communities make decisions based on local data
- Tests the impact of the “Communities That HEAL” intervention (CTH)



Communities That HEAL (CTH)

CTH is a specific, multi-pronged process with three components:

1. Community-engaged data-driven decision making
2. A “menu” of evidence-based strategies shown to reduce overdose deaths
3. Public health communications campaigns

The strategies included in that menu focus on

- Overdose education and naloxone distribution
- Medication for opioid use disorder
- Safer prescribing, dispensing, and disposal of opioids

What this means for Cortland

Because it's a research study:

- The process and timeline are determined by Columbia / NIDA
- Cortland County can make decisions about what strategies to implement and how to allocate funds for those strategies,
 - but there are requirements for reporting, timeline, what counts as service delivery, and what kind of training/technical assistance to use

Opioid Task Force: Workgroups

OEND (Overdose Education and Naloxone Distribution)

- 9 members from 9 different local agencies
- Reviewed local data to make strategy recommendations

MOUD (Medication for Opioid Use Disorder)

- 15 members from 10 different local agencies
- Reviewed local data to make strategy recommendations

Leadership Team

- 4 members from 4 agencies
- Reviewed workgroup recommendations

Lived Experience

- 16 members with personal or family experience of substance use
- Shared experiences to guide workgroups
- Reviewed workgroup recommendations

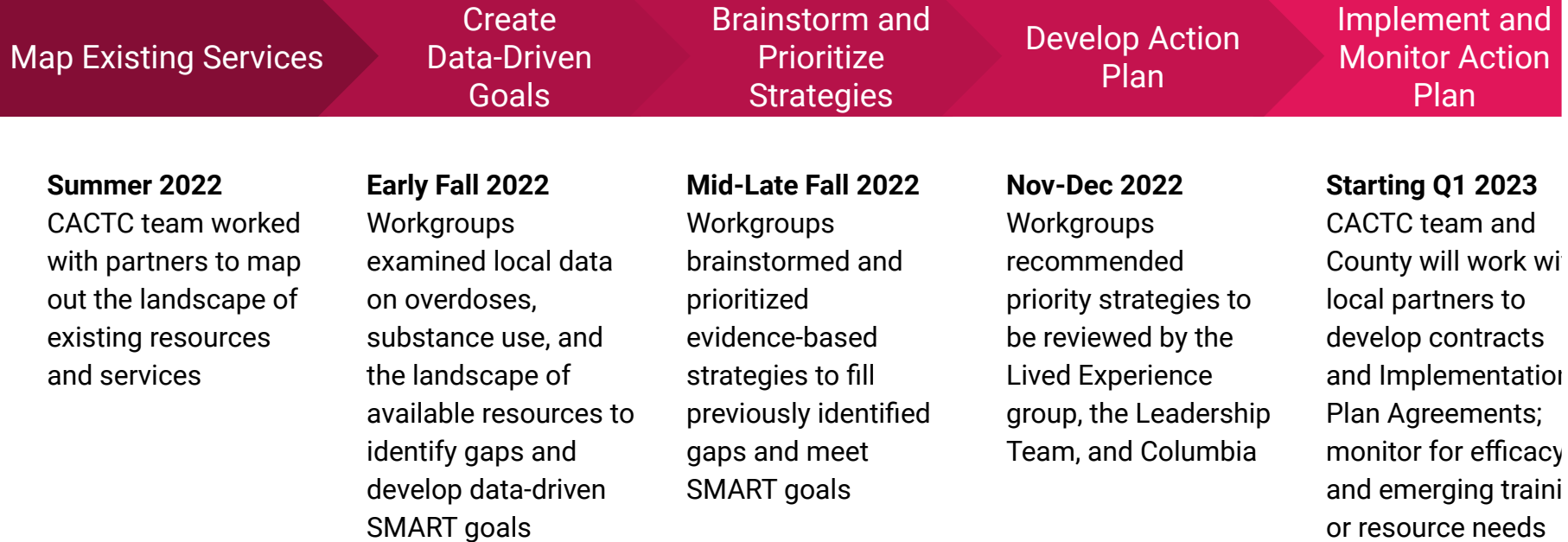
Communications

- 7 members from 7 different agencies
- Developed and carried out public health communications campaign

- **56 Opioid Task Force members**
- **Almost 50 workgroup members from over 19 agencies/organizations**
- **Almost 170 person-hours from workgroup members (not just CACTC team)**

- *Cayuga Addiction Recovery Services (CARS)*
- *City of Cortland Police Department*
- *Cortland County Health Department*
- *Cortland County Legislature*
- *Cortland County Mental Health*
- *Cortland County Sheriff's office*
- *Family & Children's Counseling Services*
- *Family Health Network of CNY*
- *Guthrie Cortland Medical Center & Medical Practice*
- *Healing Hearts Collaborative OOPP*
- *Helio Health*
- *REACH Medical*
- *Seven Valleys Health Coalition*
- *South Central BHCC*
- *Southern Tier AIDS Program (STAP)*
- *Syracuse Recovery Services*
- *Tompkins Cortland Community College*
- *Drug Treatment Court*
- *Wishing Wellness Center, Catholic Charities*

Opioid Task Force: Action Planning Process



Overdose Education & Naloxone Distribution (OEND) Strategies

3.1.a

Strategy Category	Community Level Goals	Strategies
Active OEND for at-risk individuals (required)	Distribute 3,000 naloxone units to individuals in Cortland County by December 2023	• A first responder leave-behind program will distribute 20 naloxone kits at the scenes of overdoses. • Distribute 300 naloxone kits via outreach specifically targeting unhoused individuals. • Distribute 200 naloxone kits to high risk individuals outside of traditional business hours (9-5, M-F). • Distribute 150 naloxone kits at rural community centers (libraries, schools, local businesses/orgs). • Work with area Opioid Overdose Prevention Programs to distribute 2,330 kits to Cortland County residents.
Passive OEND (optional)		• 100 naloxone kits will be added to naloxone vending machines. • 250 individuals receiving Medications for OUD will be co-prescribed naloxone with their MOUD.
Naloxone administration strategies (optional)		• No strategies selected

Implementation Partners: Family & Children's Counseling Services, Healing Hearts Collaborative OOPP, Catholic Charities of Cortland County, Guthrie Cortland Medical Center, Cortland County Health Department, Syracuse Recovery Services, REACH Medical, Helio Health, Southern Tier AIDS Program (STAP), TLC EMS.

Medication for OUD (MOUD) Strategies

3.1.a

Strategy Category	Community Level Goals	Strategies
Expand Medication for OUD (MOUD) Treatment Availability (required)	• 395 individuals in Cortland County are receiving MOUD by December 2023 • 3 new waived prescribers are prescribing MOUD to clients in Cortland County	• 75 new patients will receive MOUD through existing area providers through enhanced provider education, improved workflows and incentives. • Scale up telehealth low-threshold MOUD treatment services to provide MOUD to 100 new Cortland County patients.
Interventions to Link to MOUD (required)	• 300 individuals in Cortland County are referred to MOUD providers by December 2023	• 200 individuals will have been referred to MOUD via social service providers (including peers) using NY MATTERS or direct connection with providers. • 30 individuals will have received bridge scripts at ER and linked to MOUD treatment services in the community.
Engage and retain individuals in treatment (required)	• 50 individuals will have engaged in behavioral health services (i.e. case management or peer support programs) related to MOUD in Cortland County • 300 individuals will be retained in MOUD treatment for 6 months in Cortland County	• 50 individuals receiving MOUD will also be receiving behavioral health services (case management, peer services). • 300 individuals on MOUD will be retained for 6 months by addressing barriers to retention (transportation, phone minutes, space for telehealth appointments).

Implementation Partners: Family & Children's Counseling Services, Syracuse Recovery Services, Cayuga Addiction Recovery Services (CARS), REACH Medical, Catholic Charities of Cortland County, Cortland Free Library, Southern Tier AIDS Program (STAP), TC3, Guthrie Cortland Medical Center, Seven Valleys Health Coalition

Safer Prescribing, Dispensing, and Disposal Strategies

Strategy Category	Community Level Goals	Strategies
Safer opioid prescribing/dispensing practices (required)	20 providers have participated in education or technical assistance in Cortland County by December 2023	40 primary care providers will have received information and/or participated in trainings on safer prescribing best practices.
Safer opioid disposal practices (optional)	3,500 lbs. of medications will be collected in Cortland County by December 2023	3,500 lbs. of medications will be collected in Cortland County.

Implementation Partners: Cortland County Sheriff's Office, Homer Police Department, SUNY Cortland Police Department, City of Cortland Police Department, Family & Children's Counseling Services/ Cortland Prevention Resources, CACTC, primary care providers

About the HEALing Communities Study (HCS)

The HEALing Communities Study (HCS) is a **multi-site implementation research study** which investigates how tools for preventing and treating opioid use disorder and overdose are most effective at the local level.

Funded by the National Institute on Drug Abuse (NIDA), research institutions are partnering with 67 communities highly affected by the opioid crisis in four states (New York, Kentucky, Massachusetts, Ohio). In New York, a research team from **Columbia University** is managing the research project. Cortland County is one of 16 communities in NYS.

While the study seeks to examine how communities use local data to make decisions and measure the impact of a specific intervention called *Communities That HEAL* (CTH), it also aims to improve conditions in partner communities by **reducing opioid overdose deaths by 40%** by the end of the study.

Study Intervention—Communities That HEAL (CTH)

The HEALing Communities Study looks at how each county implements the *Communities That HEAL intervention*, **an integrated set of evidence-based practices across health care, behavioral health, criminal justice, and other community-based settings**. The intervention seeks to promote a common vision, shared goals, and tailored strategies to mobilize communities to adopt evidence-based practices. The intervention has three components:

- Community-engaged data-driven decision making
- A “menu” of evidence-based strategies shown to reduce overdose deaths
- Three community-based communication campaigns

The evidence-based strategies on the ORCCA menu fall into three categories:

- Overdose prevention education and naloxone distribution (OEND)
- Effective delivery of medication opioid use disorder (MOUD)
- Safer opioid prescribing, dispensing, and disposal of opioids

Large Randomized, Multistate NIDA Funded Study

67 highly affected communities in 4 states; 16 NYS Counties

The Communities That HEAL Intervention (CTH)

A community-engaged intervention that results in a data-driven community action plan designed to increase dissemination and adoption of evidence-based practices (EBPs)

Primary Outcome Goal

Reduce Opioid Overdose Deaths by 40% by the end of the study

What HCS Means for Cortland

Participating in the research study gives Cortland access to resources like money, training, infrastructure, and the experience of several counties who have already implemented this intervention. While the main outcome is a reduction of opioid overdose deaths, we also expect to see some other outcomes as well:

- Increased numbers of providers treating opioid use disorder with MOUD including buprenorphine, methadone and naltrexone
- Increased numbers of people accessing MOUD and other drug treatment
- Increased number of people and community-based organization trained to administer naloxone and provide overdose education
- Reduced number of non-fatal overdoses
- Increased identification of people with opioid use disorder
- Reduction in number of people progressing to opioid use disorder

Opioid Task Force and Workgroups

Cortland County contracted with Cortland Area Communities That Care (CACTC) to implement the CTH locally. This County Implementation Team consists of a Project Director, a Data Surveillance Coordinator, and a Community Engagement Coordinator. This team has attempted to identify, strengthen, and expand the important work our community is already doing to save lives

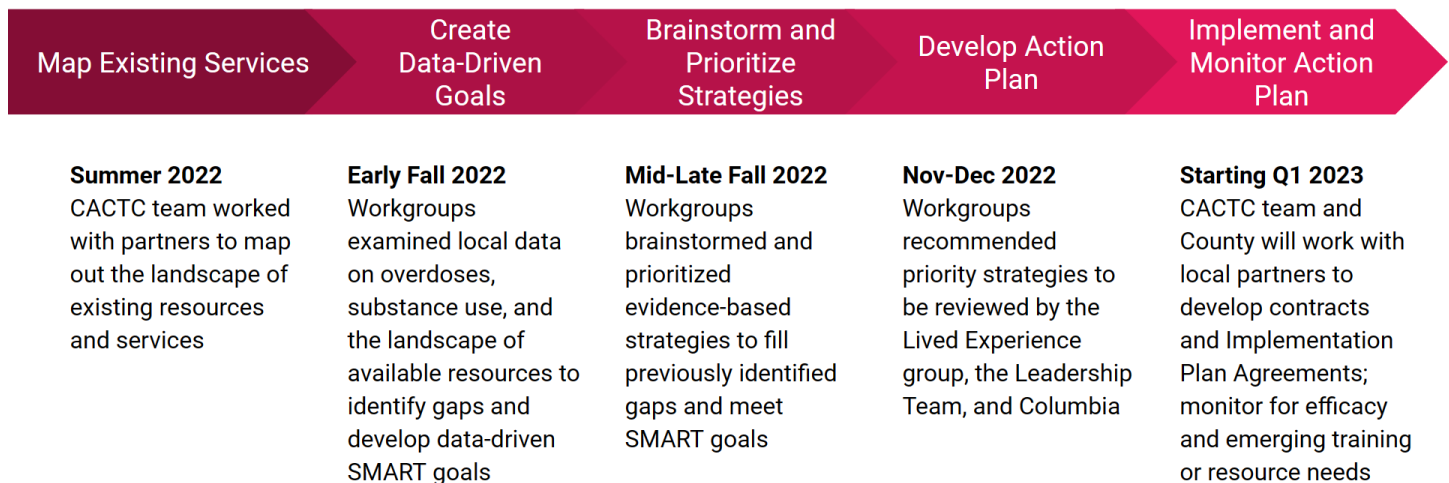
The County Implementation Team worked with the County, Columbia, and local partners to assess the landscape of existing resources. Based on this, they formed the Opioid Task Force. This is a diverse group of healthcare providers, service agencies, county leaders, and people with current or past lived experience of opioid use.

The Opioid Task Force is composed of a **Leadership Team and workgroups**, with 56 members from over 19 agencies. Some of those workgroups were **topically focused** (Naloxone Distribution and Medication for Opioid Use Disorder) and some were **focused around specific groups or sub-projects** (the Lived Experience group allowed people with personal experience of opioid use or use disorder to give direct input; the Communications workgroup will design and run three awareness/anti-stigma communications campaigns).

The **Leadership Team** members are: Cathy Biscoff (County Legislator), Jackie Leaf (Executive Director of Seven Valleys Health Coalition), Sharon MacDougall (Director of Community Services), and Matt Whitman (Executive Director of CACTC).

Over the course of 2022, the Opioid Task Force **workgroups examined local data, studied the evidence-based strategies, and made recommendations** to the leadership team about what strategies will work best for Cortland, and how to allocate money and other resources to implement those strategies in a meaningful and sustainable way. The **leadership team and Columbia research team then approved a detailed Action Plan based on those recommendations.**

Action Planning Process



Reach out to any Healing Cortland project staff member to discuss your ideas, questions or concerns:

Sara Watrous (Project Director) at swatrous@cortlandareactc.org, (607) 232-1618

Aster Parrott (Community Engagement Coordinator) at aparrott@cortlandareactc.org, (607) 218-5488 (call or text)

Nicole Carter (Data Surveillance Coordinator) at ncarter@cortlandareactc.org, (607) 349-3535

HEALing Communities Study Updates January 2023

Implementing our Action Plan

Healing Cortland ¹

HEALing Communities Study (HCS)

A multi-sited implementation research study funded by NIH/NIDA and run by a team of researchers at Columbia University.

- Aims to reduce opioid-overdose deaths by 40% over the course of three years
- Examines how communities make decisions based on local data
- Tests the impact of the “Communities That HEAL” intervention (CTH)



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Communities That HEAL (CTH)

CTH is a specific, multi-pronged process with three components:

1. Community-engaged data-driven decision making
2. A “menu” of evidence-based strategies shown to reduce overdose deaths
3. Public health communications campaigns

The strategies included in that menu focus on

- Overdose education and naloxone distribution
- Medication for opioid use disorder
- Safer prescribing, dispensing, and disposal of opioids

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What this means for Cortland

Because it's a research study:

- The process and timeline are determined by Columbia / NIDA
- Cortland County can make decisions about what strategies to implement and how to allocate funds for those strategies,
 - but there are requirements for reporting, timeline, what counts as service delivery, and what kind of training/technical assistance to use

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4

Opioid Task Force: Workgroups

OEND (Overdose Education and Naloxone

Distribution)

- 9 members from 9 different local agencies
- Reviewed local data to make strategy recommendations

MOUD (Medication for Opioid Use Disorder)

- 15 members from 10 different local agencies
- Reviewed local data to make strategy recommendations

Leadership Team

- 4 members from 4 agencies
- Reviewed workgroup recommendations

Lived Experience

- 16 members with personal or family experience of substance use
- Shared experiences to guide workgroups
- Reviewed workgroup recommendations

Communications

- 7 members from 7 different agencies
- Developed and carried out public health communications campaign

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- **56 Opioid Task Force members**
- **Almost 50 workgroup members from over 19 agencies/organizations**
- **Almost 170 person-hours from workgroup members (not just CACTC team)**

- *Cayuga Addiction Recovery Services (CARS)*
- *City of Cortland Police Department*
- *Cortland County Health Department*
- *Cortland County Legislature*
- *Cortland County Mental Health*
- *Cortland County Sheriff's office*
- *Family & Children's Counseling Services*
- *Family Health Network of CNY*
- *Guthrie Cortland Medical Center & Medical Practices*
- *Healing Hearts Collaborative OOPP*
- *Helio Health*
- *REACH Medical*
- *Seven Valleys Health Coalition*
- *South Central BHCC*
- *Southern Tier AIDS Program (STAP)*
- *Syracuse Recovery Services*
- *Tompkins Cortland Community College*
- *Drug Treatment Court*
- *Wishing Wellness Center, Catholic Charities*

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6

HEALing Communities Study

Opioid Task Force: Action Planning Process



Overdose Education & Naloxone Distribution (OEND) Strategies

Strategy Category	Community Level Goals	Strategies
Active OEND for at-risk individuals (required)	Distribute 3,000 naloxone units to individuals in Cortland County by December 2023	• A first responder leave-behind program will distribute 20 naloxone kits at the scenes of overdoses. • Distribute 300 naloxone kits via outreach specifically targeting unhoused individuals. • Distribute 200 naloxone kits to high risk individuals outside of traditional business hours (9-5, M-F). • Distribute 150 naloxone kits at rural community centers (libraries, schools, local businesses/orgs). • Work with area Opioid Overdose Prevention Programs to distribute 2,330 kits to Cortland County residents.
Passive OEND (optional)		• 100 naloxone kits will be added to naloxone vending machines. • 250 individuals receiving Medications for OUD will be co-prescribed naloxone with their MOUD.
Naloxone administration strategies (optional)		• No strategies selected

Implementation Partners: Family & Children’s Counseling Services, Healing Hearts Collaborative OOPP, Catholic Charities of Cortland County, Guthrie Cortland Medical Center, Cortland County Health Department, Syracuse Recovery Services, REACH Medical, Hello Health, Southern Tier AIDS Program (STAP), TLC EMS.

HCS Action Plan (updated December 21, 2022)

Healing Cortland

Medication for OUD (MOUD) Strategies

Strategy Category	Community Level Goals	Strategies
Expand Medication for OUD (MOUD) Treatment Availability (required)	395 individuals in Cortland County are receiving MOUD by December 2023 3 new waived prescribers are prescribing MOUD to clients in Cortland County	75 new patients will receive MOUD through existing area providers through enhanced provider education, improved workflows and incentives. - Scale up telehealth low-threshold MOUD treatment services to provide MOUD to 100 new Cortland County patients.
Interventions to Link to MOUD (required)	300 individuals in Cortland County are referred to MOUD providers by December 2023	200 individuals will have been referred to MOUD via social service providers (including peers) using NY MATTERS or direct connection with providers. 30 individuals will have received bridge scripts at ER and linked to MOUD treatment services in the community.
Engage and retain individuals in treatment (required)	50 individuals will have engaged in behavioral health services (i.e. case management or peer support programs) related to MOUD in Cortland County 300 individuals will be retained in MOUD treatment for 6 months in Cortland County	50 individuals receiving MOUD will also be receiving behavioral health services (case management, peer services). 300 individuals on MOUD will be retained for 6 months by addressing barriers to retention (transportation, phone minutes, space for telehealth appointments).

Implementation Partners: Family & Children's Counseling Services, Syracuse Recovery Services, Cayuga Addiction Recovery Services (CARS), REACH Medical, Catholic Charities of Cortland County, Cortland Free Library, Southern Tier AIDS Program (STAP), TC3, Guthrie Cortland Medical Center, Seven Valleys Health Coalition

HCS Action Plan (updated December 21, 2022)

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Safer Prescribing, Dispensing, and Disposal Strategies

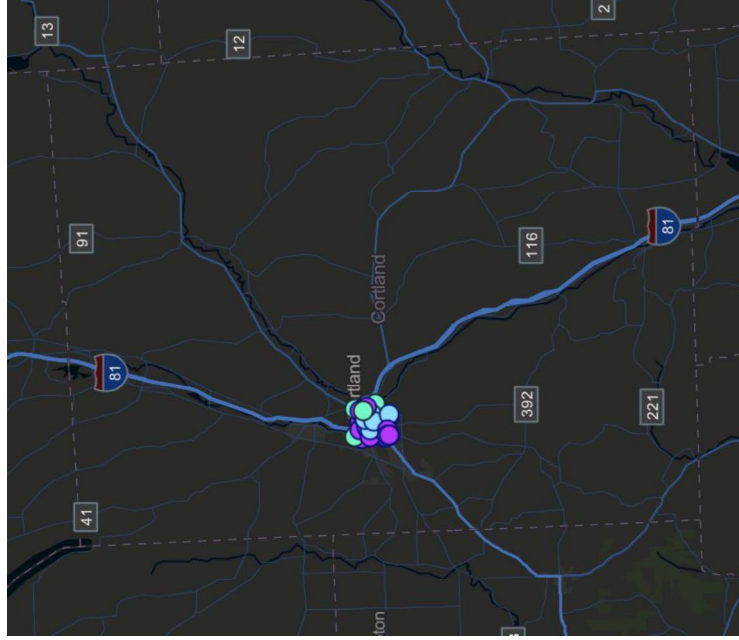
Strategy Category	Community Level Goals	Strategies
Safer opioid prescribing/dispensing practices (required)	20 providers have participated in education or technical assistance in Cortland County by December 2023	40 primary care providers will have received information and/or participated in trainings on safer prescribing best practices.
Safer opioid disposal practices (optional)	3,500 lbs. of medications will be collected in Cortland County by December 2023	3,500 lbs. of medications will be collected in Cortland County.

Implementation Partners: Cortland County Sheriff's Office, Homer Police Department, SUNY Cortland Police Department, City of Cortland Police Department, Family & Children's Counseling Services/ Cortland Prevention Resources, CACTC, primary care providers

HCS Action Plan (updated December 21, 2022)

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ODMAP and Cortland City PD Overdose Data

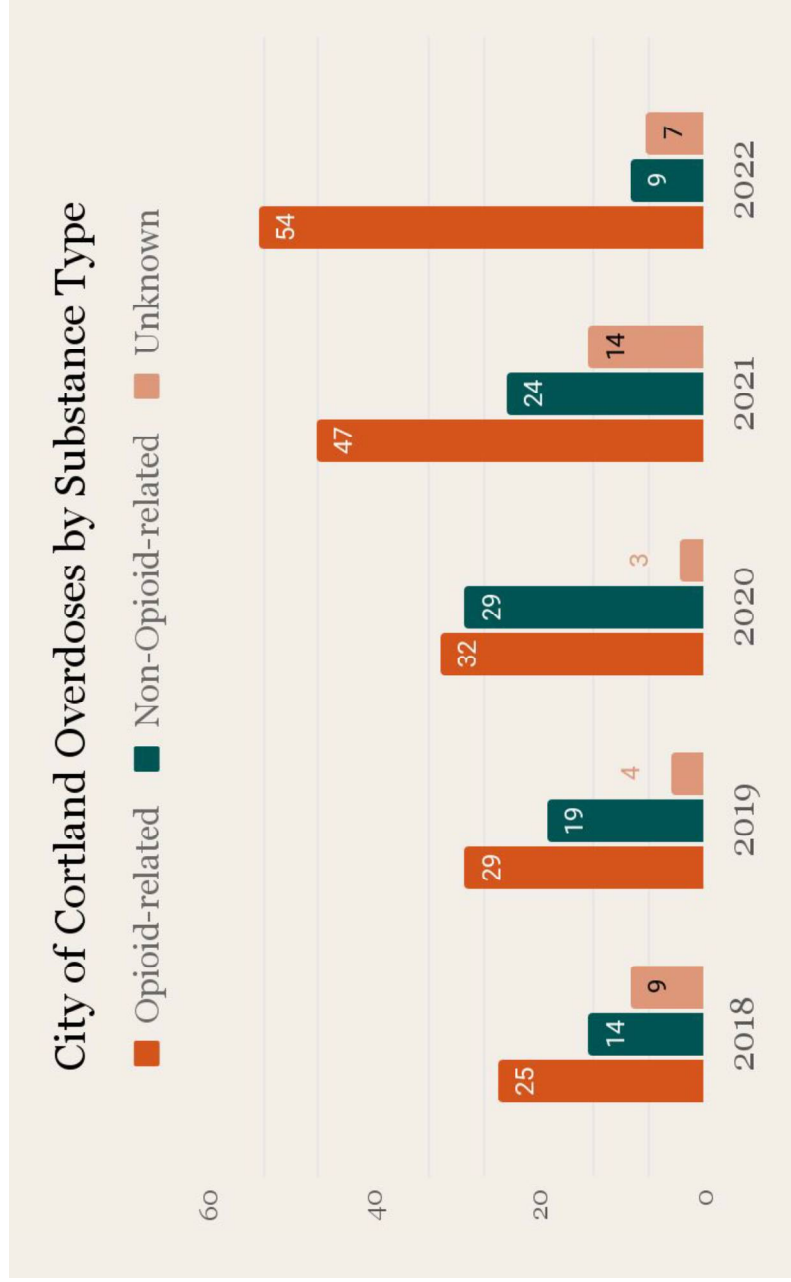


City of Cortland PD provides the following information about overdoses they respond to:

- Address
- Location
- Date
- Time
- Age
- Sex
- Race
- Drug
- Transported to the hospital (Yes/No)
- Narcan administered (Yes/No)
- # of Doses of Narcan
- Fatal (Yes/no)

Healing Cortland¹¹

Data Updates



Healing Cortland¹²

Data Updates

Healing Cortland ¹³



Public Health
Prevent. Promote. Protect.

Cortland County Health Department

CORTLAND COUNTY HEALTH DEPARTMENT

COUNTY OFFICE BUILDING
60 CENTRAL AVENUE
CORTLAND, NEW YORK 13045-2746
(607) 753-5036
FAX: (607) 753-5209
<http://www.cortland-co.org/432/Health-Department>

Nicole Anjeski, MS, MPH
Public Health Director
Lisa Perfetti, BSN, RN
Deputy Public Health Director
Ngozi Mezu-Patel, MD
Medical Advisor

Health and Human Services Committee Report January 2023

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COVID-19 Update

COVID-19 cases:

- a. 12/4-12/10=51
- b. 12/11-12/17=60
- c. 12/18-12/24=53
- d. 12/25-12/31=58

4 week total of **222** new cases.

As of December 29: Cortland County's community level remains Low

FLU 2022-2023 Season Update

Flu cases:

- a. 12/4-12/10=308
- b. 12/11-12/17=253
- c. 12/18-12/24=165
- d. 12/25-12/31=74

4 week total of **800** new cases.

COVID-19 and Flu vaccines

The Cortland County Health Department urges all Cortland County residents to get their COVID-19 and Flu vaccine as soon as possible. Vaccination is safe and is the best way to prevent severe illness, hospitalization and death from COVID-19 and Flu in our community. Residents can find a location to get vaccinated at the following link: <https://www.vaccines.gov/>

Public Health Fellows Program

Exciting News! Our Public Health Corps Fellowship Program contract will be increased by \$250,000, bringing our total revised contract value to \$1,099,912 through 6/30/24. This will ensure that we can continue to fund our five fellows for the entirety of the grant extension at **no additional cost to the county.**

Our first fellows began with the Health Department in June 2022, and by August 2022 we had all of our remaining fellow positions filled. These new staff members have been a tremendous asset to the department and to public



health. Having these five fellows as part of the health department staff have helped us to move forward with many activities that were put on hold during the last few years due to the COVID-19 response. With already burdened staff rebuilding programs and services that were put on hold during the pandemic, having the capability to assign projects that will help move the department forward to the fellows has begun our successful progression in our department's COVID-19 recovery efforts.

Here are examples of how successful this group of fellows has been in just a short time for our department, through the lens of their mentors:

Ben Love, Public Health Fellow Coordinator & Data Specialist

“Ben, has been quintessential in moving the Health Department forward with efficient processes around electronic data storage, electronic forms, and new and emerging technologies. Though his background and experiences were not public health related; his leadership qualities, strong communication, and technical skills have greatly benefitted both the Health Department as a whole and the 2 main divisions, Children with Special Needs and Environmental Health Divisions. He fosters cooperation and collaboration across many divisions within the Health Department, along with each fellow under his leadership. He is eager, understanding, and adaptive. I feel with Ben's support we have progressed greatly over the past few months, somewhere I, nor the Health Department, would be without his role. I can confidently say Ben has already made a lasting impact and hope to continue that as we finish out this year and into next year! We have many more project that would benefit from his skills, hopefully some will be able to be used by the County as a whole!” -Katee Padbury, CCHD Mentor

Gabe Fadale, Emergency Preparedness Fellow

“Gabe began working with the Public Health Emergency Program at the end of June, and has been vital in the preparation of the department in planning and training staff to participate in this year's mandatory 3 of 3 Drill for the NYSDOH. He has updated and revised Job Action Sheets, reviewed and provided updates to the Annex 7 Point of Distribution Standing Operating Guide, and is updating our Key Contacts list to be used by the whole department and conducted the 1st Quarter Call Down Drill. Additional tasks in the process of completion are updating Memorandums of Understanding with partner agencies for Closed POD agreements, planning the delivery a spring training/meeting to assist those partners with planning and training of their organization to be prepared for their closed POD, familiarization with inventory management system and the planning re-staging of Emergency preparedness supplies within the County Office Building, engagement with Cayuga Medical Center in preparation for the refurbishment and training for the CHEMPACK asset, planning with Guthrie Medical Center for the update and planning for cold chain management in the event of activation of the Public Health Asset Distribution Plan, review and familiarization of the current Continuation of Operations Plan (COOP) for the Health Department.” -Jennifer Hillman, CCHD Mentor

Hannah Commins, Health Communications Fellow

“Hannah's role as Health Communications Fellow has already proved pivotal to CCHD's branding and communications strategy. Hannah has designed several mini campaigns (series of 4-5 Facebook posts) for the following health topics: National Immunization Month, Children's Eye Health and Safety, SMA Awareness Month, Mobility Management, Sexually Transmitted Infections, Newborn Screening Awareness, Food Safety Education. The majority of these posts were for the Nursing, Children with Special Needs, and Environmental Health Division - all of which do not have designated funding or the capacity to support staff time to work on communications. In the past, social media posts were scheduled day or, or at best a week in advance. Under Hannah's leadership we now have the entire month's scheduled in advance, freeing up staff member time to work on other vital health department projects. Additionally, Hannah has been working on data analysis of over 400 Facebook posts to determine what types of posts are most likely to be reaching our

community members. Finally, Hannah just recently took over management of our paid social media campaigns and Facebook marketing strategy. Having started this form of communication (paid social media ads) just recently in March 2022, it is essential that the Health Department continues to have a staff member trained in Facebook marketing strategy and Hannah has already shown she has the skills needed to fill this role. Moving forward, Hannah will be updated our organizational branding strategy for PHAB and leading our re-branding process. We are excited to see where her skills take us as a department and feel her role will lead us into the future of communications. Hannah comes to work every day eager to learn and with a positive attitude that makes all of us excited to work with her” –Margaret Broderick, CCHD Mentor

Grace Bae, Epidemiology and Data Support Fellow

“Grace, our Epidemiology Fellow, has only been with the department for the shortest amount of time. However, in this time, her assistance has enabled the strategic planning process to move forward smoothly and quickly. The process involved 3 different surveys of staff members throughout the month of August. Grace analyzed all three surveys and compared the data to our past employee strategic planning surveys to determine our areas of strengths and weakness to present to the Strategic Planning Committee. Her data analysis not only created a foundation of solid evidence for identifying themes during the SWOT analysis, but was also used as evaluation measures for the 2022-2024 Strategic Plan to track the Health Department's progress. Grace is currently in the process of identifying fidelity measures for CHIP interventions based on peer reviewed research. These measures will be utilized to determine if CCHD and our partners are meeting the process measure targets needed to meet our 2024 measurable objectives. CCHD has never had the capacity to measure CHIP progress so thoroughly and it is because of the fellowship that we can begin to see if community efforts are making real changes in the health of our community members. Additionally, due to the macro level nature of this fellowship position, and how closely Grace works with Supervisors/Managers/Admin staff, this position provides an excellent opportunity to train someone to move into managerial roles within the department. Grace has immense attention to detail and willingness to take on even those most difficult tasks at the department!” –Margaret Broderick, CCHD Mentor

Haile Cutter, Partnership Development Fellow

“Haile's work as Partnership Development Fellow has created a much needed bridge between the Mental Health Department and Health Department in Cortland County. A major part of post-COVID recovery will be addressing the mental health impact the pandemic had on our community, as such, the Health Department needs a strong line of communication with the Mental Health Department. Additionally, suicide prevention is one of the 2022-2024 CHIP focus areas in Cortland County. Haile has been working with the Mental Health Department on their suicide prevention efforts through the SPEAK UP Cortland coalition. He has assisted with organizing suicide prevention month activities including tabling at local events with suicide prevention information, leading Chalk the Walk events, and designing social media posts for the CCHD and SPEAK UP Facebook pages. Haile has also worked on behind the scenes activities like facilitating technology donations to the coalition from Cornell, grant writing, and data collection. Prior to this fellowship, there was no one in Cortland County whose role was entirely focused on suicide prevention. This fellowship position has filled that vital role for our community and the opportunities moving forward for Haile to continue to raise awareness and gain community buy-in for suicide prevention could quite literally save lives. Haile's passion for suicide prevention is evident and will help continue to move our community and mental health partnerships forward.” –Margaret Broderick, CCHD Mentor

Here are the current fellow's thoughts on their experience so far with the Health Department:

“My time at the Health Department has been very fulfilling so far. Coordinating county efforts with the SPEAK UP Cortland Suicide Prevention Coalition has provided me with many opportunities to connect different agencies and services in ways that bolster community resources.” – **Haile Cutter**

“My time at the Cortland County Health Department has been very rewarding so far, and I’ve been enjoying every second of it as an Epidemiology Fellow. As someone who had no formal experience working in public health prior to this program, I’m extremely thankful for this opportunity to grow my skills and expertise in public health as I apply everything I’ve learned in school, and continue to learn here, to addressing real-world issues in Cortland County through my involvement with the Community Health Improvement Plan.” – **Grace Bae**

“My time as a fellow for Cortland County Health Department has been pivotal as I consider a career to pursue. Due to COVID-19 isolation, I was not able to have an in person internship before graduating college. This fellowship has opened so many doors for me already and has helped ignite a passion to pursue health communications. I have loved tapping into my creative side and truly seeing the art of public health by being intentional about the health information we deliver to our community on a daily basis. It is an honor to work among so many individuals at the Cortland County Health Department who are passionate about the community and driven to promote public health for all.” – **Hannah Commins**

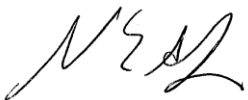
“I have thoroughly enjoyed working as a Public Health Fellow with the Cortland County Health Department. Since starting in this role in late June, each day has been unique and busy; I see that there is always plenty of important and necessary work to do in the field of Emergency Preparedness. Our job is never done; we must constantly be vigilant, organized, and flexible. Additionally, the work is ever-changing. Just when plans and information to be accessed in an emergent situation are edited and updated, more edits are needed to keep them current, accurate, and relevant. The best part of this position has been working closely with my mentor and learning from her experiences as well as collaborating with other Health Department employees, county emergency response agencies, and hospitals to best plan to protect our community. Each day, I leave with the feeling of having accomplished important work, and I look forward to digging back in the next day.” – **Gabe Fadale**

“My experience at the Cortland County Health Department has been immensely fulfilling thus far. I am consistently impressed by the level of dedication, expertise, and adaptability of the staff here, which is a model for all local human service departments to follow. I’ve received excellent mentorship from my supervisor and other CCHD staff and admin, who are always happy to answer questions and eager to let myself and the other fellows into their programs and processes. Everyone is open to input on new technologies, organizational methods, and data processes and I feel confident that the other fellows and myself are making an impact that will be felt here at CCHD for years to come. This group of fellows has been excellent, and as a local coordinator I could not imagine a more industrious, intelligent group than the ones we have here. I hope we are able to continue our work for another year with the program, as there is still so much to do!” – **Ben Love**

Staffing

- Active recruitment for one nursing position
- Active recruitment for one public health educator position

Sincerely,



Nicole Anjeski, MS, MPH
Public Health Director

Home Energy Assistance Program (HEAP)

This information comes from the following NYS website: <https://otda.ny.gov/programs/heap/>

OVERVIEW

The Home Energy Assistance Program (HEAP) can help eligible New Yorkers heat and cool their homes. If you are eligible, you may receive one regular HEAP benefit per program year and could also be eligible for emergency HEAP benefits if you are in danger of running out of fuel or having your utility service shut off.

Questions regarding the HEAP program should be directed to the Cortland County Department of Social Services HEAP phone number at (607) 428-5400.

HEAP may be able to help you if you heat your home with:

- Electricity
- Natural Gas
- Oil
- Coal
- Propane
- Wood/Wood Pellets
- Kerosene
- Corn

REGULAR HEAP BENEFITS

The 2022-2023 Regular HEAP benefit opened on November 1, 2022.

Go to myBenefits.com to find out if you may be eligible and apply for programs and services.

If you are eligible, you may receive one regular HEAP benefit per program year to help you pay for heating your home.

Eligibility and benefits are based on:

- Income,
- household size,
- the primary heating source, and
- the presence of a household member who is under age 6, age 60 or older or permanently disabled.

Regular benefits for households that pay directly for heat based on actual usage are paid directly to the vendor that supplies the household's primary source of heat.

Your household may be eligible for a Regular benefit if:

- A member of your household is a United States Citizen or Qualified Non-Citizen
- Your household's gross monthly income is at or below the current income guides for your household size as posted in the table below or
- You receive Supplemental Nutrition Assistance Program (SNAP) benefits or
- You receive Temporary Assistance (TA) or
- You receive Code A Supplemental Security Income (SSI Living Alone)

As a result of higher federal funding for the 2022-2023 Home Energy Assistance Program (HEAP), on December 11, 2022, NYS increased the Regular 2022-2023 benefit amounts for households that pay a vendor directly for heat. You are eligible for an automatic adjustment in your Regular benefit amount if your household received a 2022-2023 Regular HEAP benefit that was lower than the current Regular benefit amount for your primary heating fuel at the time your original benefit was issued.

For example, if your primary heating fuel was wood when you applied for HEAP and you received a Regular benefit equal to \$635, you will receive a supplement equal to \$50. Supplements will be issued automatically to your current primary heating vendor.

Regular HEAP Benefit Amounts 2022-2023 (as amended 12/11/22)

Base Benefit Amount	Living Situation
\$21	Eligible households that live in government subsidized housing or a group home setting with heat included in their rent.
\$45 or \$50	Eligible households who have heating costs included as part of their rent.
\$1,050 + applicable add-ons	Eligible households whose primary heat is oil, kerosene, or propane and who make direct payments to the vendor for heating costs.
\$685 + applicable add-ons	Eligible households whose primary heat is wood, wood pellets, coal, corn or other deliverable fuel and who make direct payments to the vendor for heating costs.
\$500 + applicable add-ons	Eligible households whose primary heat is electricity or natural gas and who make direct payments based on their household's actual usage to the vendor.

Regular Benefit Add-Ons for Households Paying Directly for Heat

The amount of the base Regular benefit will be increased by \$41 if the household's gross income is in the Tier 1 income range.

Tier I eligibility is based on gross income and household size, on the date of application the household's gross income must be at or below 130% of federal poverty level for the household size; or at least one adult household member must be in receipt of ongoing assistance through Temporary Assistance (TA), Supplemental Nutrition Assistance Program (SNAP) or code A SSI.

The amount of the base Regular benefit will be increased by \$35 if the household contains a vulnerable individual (household member who is age 60 or older, under age 6 or permanently disabled).

EMERGENCY HEAP BENEFIT

The 2022-2023 Emergency benefit is scheduled to open on January 3, 2023.

If you are eligible, the Emergency HEAP Benefit can help you heat your home if you are in a heat or heat related emergency.

Emergency HEAP benefits and eligibility are based on:

- income,
- available resources, and
- the type of emergency

You may be eligible for an Emergency HEAP benefit if:

- Your electricity is necessary for your heating system or thermostat to work and is either shut-off or scheduled to be shut off or
- Your electric or natural gas heat is off or scheduled to be shut-off or
- You are out of fuel, or you have less than one quarter tank of fuel oil, kerosene or propane or have less than a ten (10) day supply of wood, wood pellets, corn, or other deliverable heat source.

and

- Your household's gross monthly income is at or below the current income guides for your household size as posted in the table below or
- You receive Supplemental Nutrition Assistance Program (SNAP) benefits or
- You receive Temporary Assistance (TA) or

- You receive Code A Supplemental Security Income (SSI) Living Alone and
- The heating and/or electric bill is in your name and
- Your household's available resources are:
 - less than \$2,000 if no member of your household is age 60 or older; or
 - less than \$3,000 if any member of your household is age 60 or older.

Emergency Heat and Heat-related HEAP Benefit Amounts for 2022-2023	
Type of Emergency	Amount
Heat Related Domestic (electric service required to operate heating equipment)	\$185
Natural Gas Heat Only	\$400
Natural Gas Combined with Heat Related Domestic	\$585
Electric Heat Combined with Heat Related Domestic	\$585
Non-utility heating fuel (oil, kerosene, and propane)	\$900
Non-utility heating fuel (wood, pellets, coal, corn, etc.)	\$635

HEATING EQUIPMENT REPAIR or REPLACEMENT BENEFIT

The 2022-2023 Heating Equipment Repair and Replacement benefit opened October 3, 2022.

If you are a homeowner and eligible, the Heating Equipment Repair and Replacement benefit can help you repair or replace your furnace, boiler and other direct heating equipment necessary to keep your home's primary heating source working.

Benefit amounts are based on the actual cost incurred to repair or replace your furnace, boiler, and/or other essential heating equipment, \$4,000 for a repair and \$8,000 for a replacement.

Before work is started it must be approved and authorized by a [HEAP Local District Contact](#). Payment is made directly to the vendor after all the work is completed.

CLEAN AND TUNE BENEFIT

The 2022-2023 HEAP Clean and Tune benefit opened on October 3, 2022.

Eligible households can receive energy efficiency services, which includes the cleaning of primary heating equipment, but may also include chimney cleaning, minor repairs, installation of carbon monoxide detectors or programmable thermostats, if needed, to allow for the safe, proper and efficient operation of the heating equipment. Benefit amounts are based on the actual cost incurred to provide clean and tune services, up to a maximum of \$500.

You may be eligible for a benefit if:

- You are the homeowner
- Your household's gross monthly income is at or below the current income guidelines for your household size as posted on the following table
- Your primary heating equipment is more than 12 months old
- Your primary heating equipment or chimney has not been cleaned within the last 12 months
- You do not have a service contract with your vendor that includes clean and tune services

COOLING ASSISTANCE BENEFIT

The 2022-2023 Cooling Assistance benefit is scheduled to open May 1, 2023.

If you are eligible, you may receive one Cooling Assistance benefit per applicant household for the purchase and installation of an air conditioner or a fan to help your home stay cool.

In circumstances where an air conditioner cannot be safely installed, a fan will be provided. Only one air conditioner or fan, not to exceed \$800 with installation for a window, portable air conditioner, or fan and not to exceed \$1,000 for an existing wall sleeve unit, will be provided household.

You may be eligible for a Cooling Assistance HEAP benefit if:

- Your household's gross monthly income is at or below the current income guidelines for your household size as posted in the following table, or
- You receive Supplemental Nutrition Assistance Program (SNAP) benefits, or
- You receive Temporary Assistance (TA), or
- You receive Code A Supplemental Security Income (SSI Living Alone), or
- You did not receive a HEAP funded air conditioner within the past five years.

- You received a Regular benefit greater than \$21 in the current program year or received a Regular benefit equal to \$21 during the current program year and reside in government subsidized housing with heat included in your rent, and
- Your household contains at least one individual with a documented medical condition that is exacerbated by extreme heat, or
- Your household contains a vulnerable member based on their age (elderly age 60 years or older, or young children under age 6) which meet all other component eligibility criteria, and
- A member of your household is a United States Citizen or qualified alien, and
- You currently do not have a working air conditioner or the air conditioner you have is five years old or older, and

It will be your responsibility to maintain the air conditioner. This includes the responsibility to remove, cover, store, and/or reinstall the unit or the installation sleeve after vendor installation.

2022-2023 HEAP MONTHLY INCOME LIMITS

Your total household gross monthly income for your household size must be at or below the following guidelines:

2022-2023 HEAP Benefit Gross Monthly Income Guidelines Display Version	
Household Size	Maximum Gross Monthly Income
1	\$2,852
2	\$3,730
3	\$4,608
4	\$5,485
5	\$6,363
6	\$7,241
7	\$7,405
8	\$7,570
9	\$7,734
10	\$7,899